

BRAIN FOOD DINNER PARTY

DEANE HOUSE X NEUOTRITION

This menu was created for a night to remember at Deane House, whose motto is "Farm. Forage. Prairie. Coast." And also "Brainiac." Because each ingredient was carefully selected to showcase key nutrients for brain and mental health. We also featured science-inspired and hand-crafted fresh pressed juices, mocktails and chilled teas.

FIRST COURSE

Heirloom Tomato & Caviar Salad

Tangerine Marigold Aioli, Garden Nasturtiums, Sourdough Crostini

SECOND COURSE

Charred & Pickled New Carrots

Harissa Yogurt, Hazelnut Gremolata, Herb Pistou

THIRD COURSE

Cauliflower Agnolotti

Searched Cauliflower, Black Garlic Vinaigrette, Toasted Ontario Walnuts, Shiitake Dashi

ENTREE

Bowden Farms Applewood Smoked Chicken

Dent Corn Polenta, Charred Corn & Saskatchewan Chanterelle Salsa, Jus Gras

DESSERT

Vanilla Bean Goat Cheese Cake

Caramelized Milk Powder, Graham Cracker Crumb, Blueberry Compote, Rosemary Ice Cream

Menu by



neurotrition
REAL FOOD. FOR THOUGHT

DEANE
HOUSE
INGLEWOOD